

## Start with your Strengths



Head: What do I know that I would enjoy talking about with others?  
(Ex. Nature, raising kids, cooking, finances, etc)



Heart: What are the things that I care deeply about? (Ex. Evangelism, health, creation care, taking care of the elderly, etc.)



Hands: What are some of my skills or things that I know how to do that I would like to share with others? (Ex. Carpentry, gardening, childcare, playing music, etc)

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