

For Avondale students March 2023



Dinah Eades Buchanan

M.Couns., Grad Dip Gestalt Therapy, Grad Dip Spiritual Direction, AAOS Member, PACFA Clinical Supervisor

Dinah is a Counsellor & Gestalt Therapist, Clinical & Pastoral Supervisor, Educator, Spiritual Director and Retreat Facilitator. She has offered therapeutic services for over 25 years in Sydney, on the Mid North Coast, and now in Sydney and on the Central Coast, NSW. Her particular focus is on personal/ spiritual development, grief & bereavement, life transitions, depression and anxiety, working with dreams & imagery. She has been a Clinical and Pastoral Supervisor for over 20 years and has a particular interest in providing mentoring and supervision to practitioners and those in ministry with a calling to help and serve others.