

Edwina Stonebridge is an accredited professional supervisor with extensive experience in pastoral ministry and psychology. She passionately supports pastors and ministry staff from various denominations and faith backgrounds, prioritizing their well-being and growth.

As an ordained local church pastor and informed by her experience as a registered psychologist of over 20 years, Edwina understands the unique challenges and joys of the calling and is able to explore the specific needs and concerns of pastors and ministry staff, navigating the complexities of ministry with care.

Edwina creates a safe and nurturing space for brave reflection and courageous conversations. She encourages individuals to openly explore their thoughts, emotions, and spiritual journey, recognizing the power of the unsaid to find a voice. Her holistic approach fosters physical, emotional, and spiritual well-being. She believes in examining issues creatively and dynamically, fostering growth and transformation. By embracing innovative approaches, Edwina empowers her clients to surpass traditional thinking.

Edwina Stonebridge is a trusted companion on the ministry journey. With her blend of pastoral experience and psychological expertise, she provides guidance and compassion to help individuals thrive in their sacred calling. Her support offers solace, healing, and the courage to embrace one's fullest potential.