

CONNECT FOOD IDEAS

One part of making connections is sharing food together. We want to create space where people can meet new people. To support you in this you will receive \$18 per attendee reimbursement.

- a simple morning tea early in the day and then lunch
- 1 generous food break in the middle
- start with dinner and then serve dessert in a break

The following are some ideas but you can serve anything you think people will enjoy.

Remember you will need to cater for any dietary requirements as much as possible. You will be notified of any special dietary needs

Morning Tea

Beverages and 1 or 2 food items

Tea/ Coffee and Juice/Water

Large Cookies from Woolworths or Coles
or
Cheese / dip and crackers and some strawberries
or
Assorted pastries



Gluten Free/ Dairy Free

Kez's Kitchen biscuits

or

Rice Crackers and Humous

Lunch

Tea/ Coffee and Juice/Water/ Soft Drink

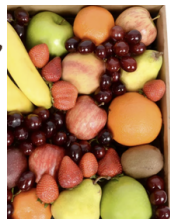
Individual Quiche and Garden Salad
or
Subway / Woolworths wrap platter

Gluten Free/ Lactose Free * not suitable for dairy free)

Gluten Free Pie
or

Vegetable Soup -Suitable for Vegan, Gluten and Dairy Free

Single serve Ice Cream - Drumstick /Magnum (Dairy free and Gluten free options available)
Fruit



1 Food Break

Tea/ Coffee and Juice/Water/ Soft Drink

Serve a variety of sweet and savoury morning tea items

