



Facilitators Guide - Icebreaker Activity

The icebreaker activity at Connect is all about having fun and helping people feel comfortable around each other.

Below are 20 'Would You Rather...' statements. Feel free to pick as many or as few as you like. As you read the front part of each statement, motion to one side of the room. As you read the back part of each statement, motion to the other side of the room. Everyone should move to the side of the room that represents their preference.

Would You Rather?

Today's Connect theme is "Ministry in an Age of Worry". Here are some scenarios that some people might find worrying! Which would YOU prefer?

1. Would you rather be lost in a foreign country with no phone or be trapped in a small space with strangers for an hour?
2. Would you rather have to sing in public for one minute or dance in front of a crowd for five minutes?
3. Would you rather always smell like garlic or have Cheezel dust on your fingers forever?
4. Would you rather only be able to whisper or only be able to shout everything?
5. Would you rather wear a clown nose or squeaky shoes everywhere you go?
6. Would you rather have to eat only broccoli-flavoured ice cream or pizza with toothpaste topping?
7. Would you rather fail at something important or succeed in something that doesn't matter to you?
8. Would you rather spend a day completely alone or be surrounded by people with no personal space?
9. Would you rather try a new food that looks strange or stick with something you know you don't enjoy?
10. Would you rather face your fear of heights by bungee jumping or your fear of water by scuba diving?
11. Would you rather lose your wallet in a foreign city or your phone in a familiar place?
12. Would you rather have a difficult conversation with a family member or with a stranger?
13. Would you rather fight one horse-sized duck or a hundred duck-sized horses?
14. Would you rather be embarrassed in front of a small group of friends or a larger group of strangers?
15. Would you rather your only mode of transportation be a pogo stick or a unicycle?
16. Would you rather be followed everywhere by a tiny marching band or have your own theme music that plays loudly every time you enter a room?
17. Would you rather live in a house with no doors or a house with no windows?
18. Would you rather only eat food that starts with the letter "B" or only wear clothes that start with the letter "C"?
19. Would you rather have to high-five everyone you meet or give a thumbs up to everyone you talk to?
20. Would you rather have fingers as long as your legs or legs as short as your fingers?